

**Great Commission Movement of Ghana**  
**Prayer Training Series**  
**LESSON 1**

**HOW TO PRAY**

Biblical foundation: Jeremiah 33:3

Learning how to pray is really about developing a relationship with God. Relationships are built on moments of connection. Those moments of connection bond you to another person, and many of them center on communication — the words you say and the way you say them. But how do you do that with the God of the universe?

**I. What is Prayer?**

**II. Who Can Pray and Expect Answers or Results?**

- 1) Those who belong to \_\_\_\_\_(1 Timothy 2:5; Ephesians 2:8-9; John 1:12).
- 2) Those who pray in the \_\_\_\_\_ of \_\_\_\_\_ (John 14:14).
- 3) Those who have a clean \_\_\_\_\_ (Psalm 66:18; 1 John 1:9).
- 4) Those who have a \_\_\_\_\_ spirit (Mark 11:25).
- 5) Those who come to God \_\_\_\_\_(Matthew 21:22; Hebrews 11:6).
- 6) Those who desire to do \_\_\_\_\_ (Jeremiah 29:13; Psalm 37:4).

**III. Why Pray?**

- 1) To \_\_\_\_\_ God. (John 14:13).
- 2) To \_\_\_\_\_ God's command (1 Thessalonians 5:17; Matthew 7:7 – 11).
- 3) To have \_\_\_\_\_ with God (Proverbs 15:8; 1 John 3:1).
- 4) To follow Christ's \_\_\_\_\_ (Mark 1:35).
- 5) Because prayer brings \_\_\_\_\_ (James 5:16; Hebrews 4:16; 1 John 3:21-23).
- 6) Because prayer is necessary for spiritual \_\_\_\_\_ (Ephesians 3:16-17).
- 7) To acknowledge our \_\_\_\_\_ on God (John 15:5; Philippians 4:13).

**IV. To Whom Do We Pray?**

Prayer is to the \_\_\_\_\_ (Matthew 6:9), in the name of the \_\_\_\_\_(John 14:13), through the \_\_\_\_\_(Romans 8:26-27).

## V. When Should We Pray?

1. (1 Thessalonians 5:17).
2. Definite times \_\_\_\_\_(Daniel 6:10).
3. Regular \_\_\_\_\_etc. (Acts 1:13-14; 2:41-42; 4:18-24).

## VI. What Should Be Included In Prayer?

- A.** \_\_\_\_\_ (Psalm 103, 89:1-14).  
**C** \_\_\_\_\_(1 John 1:9).  
**T** \_\_\_\_\_ (Thessalonians 5:18; Romans 8:28, 29).  
**S** \_\_\_\_\_ (Philippians 4:6).

## VII. How Can We Pray with Confidence?

Key Words:

- A.** \_\_\_\_\_ (John 15:7).  
**B.** \_\_\_\_\_ (Matthew 7:7, 8).  
**C.** \_\_\_\_\_ (Matthew 21:22).  
**D.** \_\_\_\_\_ (John 16:24).

Personal Reflection

How am I performing in my prayer life?

Is there a situation in my life in which I need to ask God to strengthen me in prayer?

Practical Steps

What life changes might I need to make to improve my prayer ?

Who can I share this with to help the person also grow in the area of prayer?

Prayer Response

*Gracious Lord, use this study to renew my mind and my heart. Increase my appetite for "that good and acceptable and perfect will of God" (Romans 12:2). Teach me to pray like You taught Your disciples (Luke 11:1). I truly want to learn. In your Son's holy name, amen.*